Medication Form

Always keep your form close at hand, and give a copy to another family member, a friend and your emergency contact. Take it with you to all medical appointments (doctor and dentist), all hospital visits and when you pick up precriptions.



Name	Date of Birth	Sex	Height	Weight	
		□ Male □ Female			
Address	Phone	Emergency Contact			
	Home:	Name:			
	Work:	Relation:			
	Mobile:	Work:	Mobile:		

ALLERGIES List any medication or other allergies (dye, food, insects, etc.) and your allergic reaction to each.

Allergy/Medication	Reaction

PHARMACY List the names, phone numbers and addresses of all pharmacies you use in case there are questions.

Pharmacy Name	Phone	Address	Immunizations (Date of Last Dose)		
			🗆 Flu:		
			□ Pneumonia:		
			□ Shingles:		
			□ Tetanus:		

CURRENT MEDICATIONS List all prescription, over-the-counter, herbal, vitamin and diet supplement products you take. Note how you take it (by mouth, drops, patch, ointment, injectable or other form). Include medicine you take only on occasion (for example, Viagra, Motrin, Aleve, Tylenol, albuterol and nitroglycerin). If you stop taking a certain medicine, draw a line through it, and list the date you stopped taking it. *If you need extra pages, remember to write your name on each one.*

Medication (Brand/Generic)	Dose	How Do You Take It?	How Often Do You Take it?	Why Do You Take It?	Date Started	Prescriber	Phone

Discuss the Benefits and Risks of Prescription Medicines

Before you take a prescription medicine, ask your healthcare provider the following questions. Always keep an updated medication list with you.

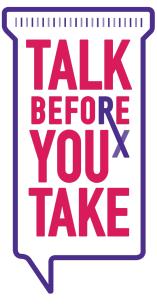
- 1. What is the name of the medicine, and what is it for?
- 2. How and when do I take it, and for how long?
- 3. What side effects should I expect, and what should I do about them?
- 4. Should I take this medicine on an empty stomach or with food?
- 5. Should I avoid any activities, foods, drinks, alcohol or other medicines while taking this prescription?
- 6. Should I take the medication in the morning or the evening?
- 7. Will this medicine work safely with other medicines I'm taking, including over-the-counter medicines?
- 8. When should I expect the medicine to begin to work, and how will I know if it's working?
- 9. How should I store this medicine?

10. Is there any additional written information I should read about the medicine?

Always follow up with your healthcare provider if you still have questions or concerns about your medicine.



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Before you begin taking a new prescription medication, make sure you understand its benefits and risks.

Tips to Help You Talk With Your Healthcare Provider



Ask questions about the benefits and potential risks of each medicine you take.



Tell your healthcare provider about all of the medicines you are taking—including over-the-counter medicines, vitamins and dietary supplements. Bring your most current medication list to each visit (see reverse side).



Tell your healthcare provider about any allergies or sensitivities.



Read and follow the medicine label and directions.

For more information, visit **TalkBeforeYouTake.org.**



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