

# Preparing for Home



## Orthopedics

Planning for your return home is an important part of our process. Please fill out this Risk Assessment and Prediction Tool (RAPT) survey to identify the level of care you may need after surgery. We will discuss your RAPT score and create a discharge plan to meet your individualized needs.

### What Is Your RAPT Score?

#### Age

- 50-65 years [score 2]
- 66-75 years [score 1]
- > 75 years [score 0]

#### Gender

- Male [score 2]
- Female [score 1]

#### How far can you walk?

- Two blocks or more (+/- rests) [score 2]
- 1-2 blocks [score 1]
- Housebound (most of the time) [score 0]

#### What walking device do you use?

- None [score 2]
- Cane [score 1]
- Walker [score 0]

#### Do you use community resources such as meals-on-wheels, transportation assistance or home help?

- None or 1 per week [score 1]
- Two or more per week [score 0]

#### Do you live with someone who will care for you after your operation?

- Yes [score 3]
- No [score 0]

Score: \_\_\_\_\_

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date of Birth

### What Does Your RAPT Score Mean?

**If your score is greater than 9,** you will likely go home with caregiver support and attend outpatient therapy.

**If your score is between 6 and 9,** you will likely go home, perhaps with home health services.

**If your score is below 6,** you will likely not go home. You may qualify for a short stay in a rehab or skilled nursing facility until able to transition home. Our goal is to get you home as soon as possible.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date



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PLACE  
PATIENT LABEL  
HERE

Form # / rev. date