

Patient Name: _____ DOB _____

APPOINTMENT INFORMATION:

Date:	Time:	(Location Checked Below)
Tremont 5501 NW 62 nd Terr., Ste. 201 Kansas City, MO 64151 816-221-6750	Shoal Creek 9151 NE 81 st Terr., Ste. 130 Kansas City, MO 64158 816-221-6750	NKCH Pavilion 2790 Clay Edwards Dr., 2 nd Floor North Kansas City, Missouri 64116 816-221-6750

It is important that you arrive on time. Please arrive 10 minutes prior to the appointment time to verify insurance and certain other information. If you arrive late for your appointment, we may ask you to reschedule. If your insurance requires you to have a formal referral from your primary care physician, please be certain these arrangements are made before your scheduled day and bring the referral form with you.

WHAT IS AN ECHOCARDIOGRAM

- An echocardiogram is a noninvasive test that uses high-frequency sound waves (ultrasound) to examine the heart's anatomy and function.
- This test provides information about your heart's size and function, the appearance of the valves and the thickness of the heart muscle.

PREPARING FOR THE TEST

- There is no need for any special preparation.
- You may eat and go about your normal activities unless otherwise informed.
- Do continue to take all your medications prescribed by your doctor and follow your doctor's orders as usual.
- If you have small children, please arrange for their care as you will be unable to tend to them during your test.

THE TEST

- The entire test takes less than one hour. The echocardiogram will be performed by a sonographer, a specially trained ultrasound technologist. You will be provided with a gown and asked to disrobe from the waist up. You will lie on an examination table and the sonographer will attach small adhesive patches with wires to record the timing of your heartbeat. The sonographer will obtain ultrasound pictures of your heart using a small hand-held transducer and water-soluble gel.
- In many individuals, contrast is required to improve the quality of the images to better visualize the heart muscle. The sonographer will explain the procedure and answer any questions. This involves the placement of an IV in one arm. The contrast is not radioactive and does not contain iodine.

WHEN WILL I RECEIVE THE RESULTS

Your test will be reviewed and interpreted by a cardiologist. A report will be provided to the physician who ordered the test. They should contact you with your results within 48 hours.