



Patient Name:	DOB	
APPOINTMENT INFORMATION:		
Date:	Time:	
NKCH Pavilion 2790 Clay Edwards Dr., 2 nd Floor North Kansas City, MO 64116 816-221-6750	☐ Tremont 5501 NW 62 nd Terr., Ste. 201 Kansas City, MO 64151 816-221-6750	□ Shoal Creek 9151 NE 81 st Terr., Ste 130 Kansas City, MO 64158 816-221-6750

It is important that you arrive on time. Please arrive 10 minutes prior to the appointment time to verify insurance and certain other information. If you arrive late for your appointment, we may ask you to reschedule. If your insurance requires you to have a formal referral from your primary care physician, please be certain these arrangements are made before your scheduled day and bring the referral form with you.

WHAT IS A CAROTID ULTRASOUND

Carotid ultrasound (also called sonography) is the most common test for diagnosing carotid artery disease. It's a painless, harmless test that uses sound waves to create pictures of the insides of your carotid arteries. This test can show whether plaque has narrowed your carotid arteries and how narrow they are.

PREPARING FOR THE TEST

There is no need for any special preparation.

You may eat and go about your normal activities unless otherwise informed.

Do continue to take all your medications prescribed by your doctor and follow your doctor's orders as usual. If you have small children, please arrange for their care as you will be unable to tend to them during your test.

THE TEST

The entire test takes less than one hour. The carotid ultrasound will be performed by a sonographer, a specially trained ultrasound technologist. You'll lie on an examination table and the sonographer will obtain ultrasound pictures of your carotid arteries using a small hand-held transducer and water-soluble gel.

WHEN WILL I RECEIVE THE RESULTS

Your test will be reviewed and interpreted by a cardiologist. A report will be provided to the physician who ordered the test. They should contact you with your results within 48 hours.